

Tea Was a Success

Theresa McKee hosted a Royal Tea to honor Hester Daly's life and love of the Military Officers Wives Club on Thursday Nov. 7 at the Empress Tea Room, 12924 Dale Mabry Hwy Tampa FL 33618.

At her request, Hester did not want a memorial service. She was a devoted member of MOWC since July 2006 until she was not physically able to attend anymore. Theresa chose a Garden Theme and requested that the guests wear florals.

Hester's daughter, Collette, was presented with a wreath symbolic of the circle of life for her mother and a white ceramic angel for her Christmas tree.

Collette told stories of her mother and was appreciative of the event. The ladies also shared stories of Hester.

Always believe something wonderful is going to happen. Even with all the ups and downs, never take a day for granted. Smile, cherish the little things and remember to hug the ones you really love.

Military Spouses News

There was no November Military Spouses News last month in *The Retrospect* because Shirley Helveston was down with pneumonia. "I am all well now and hope all of you are too."

However I will not be doing anymore pages in the newsletter in 2020. I have enjoyed doing a newsletter for several years but feel it is time to stop. I hope you will be able to read *The Retrospect* on their website and follow what MOAA is doing and attend a luncheon when you can.

Holiday Musings

Three men were met by Saint Peter at the pearly gates on Christmas Eve.

"In honor of this holy season," Saint Peter said, "You must each possess something that symbolizes Christmas to get into heaven"

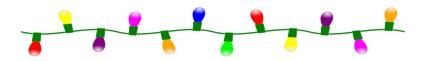
The first man fumbled through his pockets and pulled out a lighter. He flicked it on. "It represents a candle," he said. "You may pass through the pearly gates," Saint Peter said.

The second man reached into his pocket and pulled out a set of keys. He shook them and said, "They're bells." Saint Peter said, "You may pass through the pearly gates."

The third man started searching desperately through his pockets and finally pulled out a pair of women's glasses.

St. Peter looked at the man with a raised eyebrow and asked, "And just what do those symbolize?"

The man replied, "They're Carol's."



A Sign of the Times

As a little girl climbed onto Santa's lap, Santa asked the usual, "And what would you like for Christmas?"

The child stared at him open mouthed and horrified for a minute, then gasped: "Didn't you get my E-mail?"

NIA

The National Institute on Aging is offering a free download of a book of exercises you can do at home

https://order.nia.nih.gov/sites/default/files/2018-04/nia-exercise-guide.pdf

